



THE GUARDIAN'S PATH

A Three-Month Programme of Mentorship for Men

*A disciplined partnership for the man who knows what he ought to be doing —
as a husband, as a father, as a Jew — and is ready to become consistent.*

A.L COACHING

An Introduction

There is a particular kind of unravelling that overtakes a man who is otherwise successful. He keeps his commitments at work and loses them at home. He learns seriously and then lets the learning slip for weeks at a time. He knows precisely what he ought to be doing — as a husband, as a father, as a Jew — and finds, with some bewilderment, that knowing has not made him consistent.

The Guardian's Path was built for that man.

It draws on two decades spent guarding people who could not afford to be poorly guarded, and on a religious life built not from inheritance but from deliberate, considered choice. Both experiences teach the same lesson: that a life without structure is a life left exposed. What follows is not a course of study, and it is not therapy. It is a disciplined, three-month partnership aimed at one outcome — a man who guards his own time, his own speech, his own household, and his own religious commitments, and who no longer needs to be told to do so.

Who This Is For

This programme is intended for observant men, typically in their thirties through their fifties, who are religiously serious but privately aware that something in their structure has come loose. Many are established in career and family. Many are building or have recently built a life in Israel. What they share is not a crisis but a quiet dissatisfaction — the sense that they are capable of more consistency than they are currently living.

It presumes a genuine baseline of commitment. It is not an introduction to observance, and it is not a substitute for professional mental health care where that is what is needed.

The Structure

The programme runs across twelve weeks, divided into three phases, each with a distinct purpose.

Phase One — Foundation (Weeks One to Four)

The work begins with an honest accounting: where the client's day is governed by habit rather than intention, and where his time, attention, and religious obligations quietly leak away. From this, a fixed daily seder is built — not an aspirational schedule, but a structure with the same non-negotiable character as an operational routine, covering tefillah, learning, work, and family in their proper order.

Phase Two — Formation (Weeks Five to Eight)

Each week now pairs a short text — drawn from Mesillat Yesharim, Pirkei Avot, or elsewhere, depending on the client's background and level — with a specific trait of character it is made to bear on directly: anger, speech, integrity in business, consistency under pressure. The text is treated as instruction for the week ahead, not as material for reflection alone.

Phase Three — Independence (Weeks Nine to Twelve)

Sessions move to a fortnightly rhythm as responsibility shifts deliberately onto the client. He is expected to hold his own seder without prompting. The programme closes with a short, written personal constitution — his own structure, his own commitments, his own standard of accountability — which remains his after our work together ends.

What Is Included

- Weekly sessions of sixty to seventy-five minutes, in the earlier phases; fortnightly in the closing phase — conducted in person or by video, as circumstances require
- A private channel for brief accountability between sessions
- A short text sent in advance of each session in Phase Two
- One formal review at the six-week mark
- A closing written constitution, prepared with the client in the final session

The Investment

Three months of this kind of attention is not, and should not be, priced as a casual undertaking. Two paths are available.

The Standard Programme

Twelve sessions across three months, with full accountability support and closing constitution.

£3,200 – £4,200

The Concierge Programme

As above, with in-person sessions where geography permits, a session including the client's spouse, and coordination with any ongoing relocation timeline through Levin Private Office.

£6,000 – £8,500

A discovery consultation of forty-five minutes precedes enrolment in either path, at a fee of £150, credited in full against the programme should the client proceed within a fortnight.

Clients who complete the programme and wish to continue may retain monthly accountability thereafter, at £350–£450 per month.

To Begin

The Guardian's Path opens with a single conversation, not a commitment. If the description above reads as familiar rather than aspirational, that conversation is the right next step.

A life without structure is a life left exposed.

Guard what matters.

A.L COACHING
